



THE MOST WORSHIPFUL PRINCE HALL GRAND  
LODGE  
OF THE DISTRICT OF COLUMBIA. PHA

# PROSTATE CANCER 5K WALK

WE WALK FOR HEALTH, HOPE AND A CURE 2019 7TH ANNUAL WALK

**Saturday, April 13, 2019**  
**6:00am - 9:00am**  
**Hains Point in East Potomac Park**

(Immediately following the walk we`ll have food, fellowship and fun)

**Registration: \$30 per person**  
with online registration you will receive a swag bag



Proceeds to benefit  
Howard University Cancer Center  
<http://cancer.howard.edu>

**Sign Up Today! Register online:**  
<http://bit.do/mwphgldc5kprostatecancerwalk19>

### FOR INFORMATION, CONTACT:

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**The Honorable Quincy G. Gant**  
**Most Worshipful Grand Master**